


TIMETABLE

EVOLUTIONMAA.COM
07880797147

Darlington Academy

Monday	
3:45 - 4:15pm	Lil Ninja's 4-6yrs
4:15 - 4:45pm	Lil Ninja's 4-6yrs
4:50 - 5:30pm	Combat Kid's 6-9yrs
5:45 - 6:30pm	Combat Kid's 9-14yrs
6:35 - 7:30pm	Kickboxing - Beginners
7:35 - 8:35pm	Kickboxing - Advanced
Tuesday	
12:00 - 1:00pm	Kickboxing - Open Class
3:45 - 4:15pm	Lil Ninja's 4-6yrs
4:15 - 4:45pm	Lil Ninja's 4-6yrs
4:50 - 5:30pm	Combat Kid's 6-9yrs
5:45 - 6:30pm	Combat Kid's 9-14yrs
6:35 - 7:30pm	Brown & Black belt training
7:35 - 8:30pm	10th Planet Jiu-Jitsu - Drills
8:30 - 9pm	Live rolls
Wednesday	
4:50 - 5:30pm	Combat Kid's 6-9yrs
5:45 - 6:30pm	Combat Kid's 9-14yrs
6:35 - 7:30pm	Kickboxing - Beginners
7:35 - 8:35pm	Kickboxing - Advanced

Thursday	
12:00 - 1:00pm	Kickboxing - Open Class
3:45 - 4:15pm	Lil Ninja's 4-6yrs
4:15 - 4:45pm	Lil Ninja's 4-6yrs
4:50 - 5:30pm	Combat Kid's 6-9yrs
5:45 - 6:30pm	Combat Kid's 9-14yrs
6:40 - 7:30pm	Self-Defence Class
7:35 - 8:30pm	10th Planet Jiu-Jitsu - Drills
8:30 - 9pm	Live rolls
Friday	
4:30 - 5:00pm	Lil Ninja's 4-6yrs
5:15 - 6:00pm	Combat Kid's 6-14yrs
6:00 - 7:00pm	10th Planet Jiu-Jitsu
7:00 - 7:45pm	Kickboxing - Sparring
7:45 - 8:30pm	Kickboxing - Competition
	  Invite only  
Saturday	
9:30 - 10:00am	Lil Ninja's 4-6yrs
10:15 - 11:00am	Combat Kids - Sparring
11:00am - 12:00	Kickboxing - Open Class

Book online to start your free trial now!
Discounts for family members.

Please come ready to train just before your class starts.

