

Whitby Academy

Monday	
4:00 - 4:30pm	Lil Ninja's 4-6yrs
4:45 - 5:30pm	Combat Kid's 6-9yrs
5:40 - 6:30pm	Combat Kid's 9-14yrs
6:30 - 7:45pm	10th Planet Jiu-Jitsu
7:45 - 8:45	Kickboxing - Open Class
Wednesday	
4:00 - 4:30pm	Lil Ninja's 4-6yrs
4:45 - 5:30pm	Combat Kid's 6-9yrs
5:40 - 6:30pm	Combat Kid's 9-14yrs
6:45 - 7:45pm	Kickboxing - Beginner
7:45 - 8:45pm	Kickboxing - Advanced
Saturday	
9:30 - 10:00am	Lil Ninja's 4-6yrs
10:15 - 11:00am	Combat Kids - 6-14yrs
11:00am - 12:00	Kickboxing - Open Class
12:00 - 12:30pm	Kickboxing - Sparring

Please come ready to train just before your class starts.

